

Journey Stick

Find a strong stick that's easy to carry. You'll need your wool and scissors too.

Let's go for a walk – what's around you?

Colours?
Smells?
Sounds?
Creatures?

How do you feel?

Collect natural materials as you walk - leaves, moss, grass – whatever you like best!

Starting with the first object you find, use wool to tie it to the top of your stick.

Tie on the next object just below... and continue all the way down your Journey Stick.

When you get home, look at your stick and remember your walk. Can you tell a story using your Journey Stick? Can you draw a map of your walk?



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Ffon deithio

Ffeindia ffon gref
sy'n hawdd ei chario.
Bydd angen dy wlân a
siswrn hefyd.

Awn am dro –
beth sydd o dy gwmpas?

Lliwiau? Arogleuon?
Synau?
Creaduriaid?

Sut wyt ti'n teimlo?

Casgla
ddeunyddiau
naturiol wrth
gerdded
– dail, mwsogl,
glaswellt – beth
bynnag rwyf ti'n
hoffi orau!

Gan ddechrau
gyda'r gwrthrych
cyntaf rwyf
ti'n ffeindio,
defnyddia wlân
i'w glymu i ben
dy ffon

Clyma'r gwrthrych nesaf
islaw ... a charia ymlaen
yr holl ffordd i lawr dy
Ffon Deithio.

Pan gyrhaeddi di
adre, edrycha ar dy ffon
a chofia dy daith. Galli
di ddweud stori yn
defnyddio dy Ffon Deithio?
Galli di ddarlunio
map o dy daith?



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Gweithgaredd
weddi' greu gan

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